

Prueba 1  
12/01/2019

Masc, 2000m Libre

INFANTIL MASCULINO  
Resultados

| Clasificación                | AN             | Equipo                   | Tiempo          |
|------------------------------|----------------|--------------------------|-----------------|
| 1. NIETO PARDO Sergio        | 05             | C.N. Iregua-Villamediana | <b>24:51.34</b> |
| 100m: 1:12.58 1:12.58        | 600m:          | 1100m:                   | 1600m:          |
| 200m: 2:26.89 1:14.31        | 700m:          | 1200m:                   | 1700m:          |
| 300m:                        | 800m: 10:00.95 | 1300m:                   | 1800m:          |
| 400m: 4:55.65                | 900m:          | 1400m:                   | 1900m:          |
| 500m:                        | 1000m:         | 1500m: 18:51.44          | 2000m: 24:51.34 |
| 2. MARTINEZ MARTINEZ Alberto | 04             | C.N. Las Norias          | <b>24:55.90</b> |
| 100m: 1:10.62 1:10.62        | 600m:          | 1100m:                   | 1600m:          |
| 200m: 2:25.01 1:14.39        | 700m:          | 1200m:                   | 1700m:          |
| 300m:                        | 800m: 10:00.39 | 1300m:                   | 1800m:          |
| 400m: 4:54.88                | 900m:          | 1400m:                   | 1900m:          |
| 500m:                        | 1000m:         | 1500m: 18:51.63          | 2000m: 24:55.90 |
| 3. BLANCO MARTINEZ Luis      | 04             | C.N. Las Norias          | <b>25:01.76</b> |
| 100m: 1:12.12 1:12.12        | 600m:          | 1100m:                   | 1600m:          |
| 200m: 2:26.53 1:14.41        | 700m:          | 1200m:                   | 1700m:          |
| 300m:                        | 800m: 10:00.62 | 1300m:                   | 1800m:          |
| 400m: 4:55.74                | 900m:          | 1400m:                   | 1900m:          |
| 500m:                        | 1000m:         | 1500m: 18:51.30          | 2000m: 25:01.76 |
| 4. SERRANO HONRUBIA Iker     | 04             | C.N. Iregua-Villamediana | <b>25:06.04</b> |
| 100m: 1:12.67 1:12.67        | 600m:          | 1100m:                   | 1600m:          |
| 200m: 2:27.80 1:15.13        | 700m:          | 1200m:                   | 1700m:          |
| 300m:                        | 800m: 10:00.76 | 1300m:                   | 1800m:          |
| 400m: 4:59.38                | 900m:          | 1400m:                   | 1900m:          |
| 500m:                        | 1000m:         | 1500m: 18:52.75          | 2000m: 25:06.04 |
| 5. ALONSO LÓPEZ Marcos       | 05             | C.N. Iregua-Villamediana | <b>25:38.66</b> |
| 100m: 1:13.72 1:13.72        | 600m:          | 1100m:                   | 1600m:          |
| 200m: 2:30.32 1:16.60        | 700m:          | 1200m:                   | 1700m:          |
| 300m:                        | 800m: 10:12.09 | 1300m:                   | 1800m:          |
| 400m: 5:04.23                | 900m:          | 1400m:                   | 1900m:          |
| 500m:                        | 1000m:         | 1500m: 19:12.33          | 2000m: 25:38.66 |

Prueba 2  
12/01/2019

Fem, 2000m Libre

INFANTIL FEMENINO  
Resultados

| Clasificación                   | AN             | Equipo          | Tiempo          |
|---------------------------------|----------------|-----------------|-----------------|
| 1. LÓPEZ FERNÁNDEZ DE LUCO Inés | 05             | C.N. Logroño    | <b>25:52.04</b> |
| 100m: 1:15.30 1:15.30           | 600m:          | 1100m:          | 1600m:          |
| 200m: 2:31.71 1:16.41           | 700m:          | 1200m:          | 1700m:          |
| 300m:                           | 800m: 10:15.52 | 1300m:          | 1800m:          |
| 400m: 5:05.76                   | 900m:          | 1400m:          | 1900m:          |
| 500m:                           | 1000m:         | 1500m: 19:22.10 | 2000m: 25:52.04 |
| 2. SANZ MARTINEZ Carla          | 04             | C.N. Las Norias | <b>26:24.18</b> |
| 100m: 1:14.53 1:14.53           | 600m:          | 1100m:          | 1600m:          |
| 200m: 2:31.23 1:16.70           | 700m:          | 1200m:          | 1700m:          |
| 300m:                           | 800m: 10:19.15 | 1300m:          | 1800m:          |
| 400m: 5:05.46                   | 900m:          | 1400m:          | 1900m:          |
| 500m:                           | 1000m:         | 1500m: 19:40.17 | 2000m: 26:24.18 |

Prueba 2, Fem, 2000m Libre, INFANTIL FEMENINO

| Clasificación | AN                        |         |                |                          | Tiempo          |
|---------------|---------------------------|---------|----------------|--------------------------|-----------------|
| 3.            | SANZ GARNICA Violeta      |         | 05             | C.N. Logroño             | <b>26:29.08</b> |
|               | 100m: 1:14.78             | 1:14.78 | 600m:          | 1100m:                   | 1600m:          |
|               | 200m: 2:31.54             | 1:16.76 | 700m:          | 1200m:                   | 1700m:          |
|               | 300m:                     |         | 800m: 10:22.27 | 1300m:                   | 1800m:          |
|               | 400m: 5:06.31             |         | 900m:          | 1400m:                   | 1900m:          |
|               | 500m:                     |         | 1000m:         | 1500m: 19:48.74          | 2000m: 26:29.08 |
| 4.            | OLMO SANTAMARIA Raquel    |         | 05             | C.N. Logroño             | <b>26:35.19</b> |
|               | 100m: 1:14.34             | 1:14.34 | 600m:          | 1100m:                   | 1600m:          |
|               | 200m: 2:31.53             | 1:17.19 | 700m:          | 1200m:                   | 1700m:          |
|               | 300m:                     |         | 800m: 10:26.39 | 1300m:                   | 1800m:          |
|               | 400m: 5:07.60             |         | 900m:          | 1400m:                   | 1900m:          |
|               | 500m:                     |         | 1000m:         | 1500m: 19:51.10          | 2000m: 26:35.19 |
| 5.            | ANSOTEGUI FERNANDEZ Nerea |         | 04             | C.N. Las Norias          | <b>27:00.97</b> |
|               | 100m: 1:14.27             | 1:14.27 | 600m:          | 1100m:                   | 1600m:          |
|               | 200m: 2:31.28             | 1:17.01 | 700m:          | 1200m:                   | 1700m:          |
|               | 300m:                     |         | 800m: 10:25.94 | 1300m:                   | 1800m:          |
|               | 400m: 5:06.01             |         | 900m:          | 1400m:                   | 1900m:          |
|               | 500m:                     |         | 1000m:         | 1500m: 20:05.31          | 2000m: 27:00.97 |
| 6.            | GONZALEZ MARRODAN Irene   |         | 05             | C.N. Iregua-Villamediana | <b>27:04.18</b> |
|               | 100m: 1:17.51             | 1:17.51 | 600m:          | 1100m:                   | 1600m:          |
|               | 200m: 2:38.24             | 1:20.73 | 700m:          | 1200m:                   | 1700m:          |
|               | 300m:                     |         | 800m: 10:46.18 | 1300m:                   | 1800m:          |
|               | 400m: 5:21.02             |         | 900m:          | 1400m:                   | 1900m:          |
|               | 500m:                     |         | 1000m:         | 1500m: 20:18.29          | 2000m: 27:04.18 |
| 7.            | HERREROS PUENTE Helena    |         | 05             | C.N. Iregua-Villamediana | <b>27:10.43</b> |
|               | 100m: 1:15.93             | 1:15.93 | 600m:          | 1100m:                   | 1600m:          |
|               | 200m: 2:36.46             | 1:20.53 | 700m:          | 1200m:                   | 1700m:          |
|               | 300m:                     |         | 800m: 10:47.41 | 1300m:                   | 1800m:          |
|               | 400m: 5:20.37             |         | 900m:          | 1400m:                   | 1900m:          |
|               | 500m:                     |         | 1000m:         | 1500m: 20:24.25          | 2000m: 27:10.43 |
| 8.            | MORENO, CLAVIJO María     |         | 04             | C.N. Iregua-Villamediana | <b>27:14.38</b> |
|               | 100m: 1:18.75             | 1:18.75 | 600m:          | 1100m:                   | 1600m:          |
|               | 200m: 2:40.36             | 1:21.61 | 700m:          | 1200m:                   | 1700m:          |
|               | 300m:                     |         | 800m: 10:53.00 | 1300m:                   | 1800m:          |
|               | 400m: 5:25.10             |         | 900m:          | 1400m:                   | 1900m:          |
|               | 500m:                     |         | 1000m:         | 1500m: 20:31.26          | 2000m: 27:14.38 |
| 9.            | JALLE BENITO Claudia      |         | 05             | C.N. Iregua-Villamediana | <b>27:27.70</b> |
|               | 100m: 1:17.23             | 1:17.23 | 600m:          | 1100m:                   | 1600m:          |
|               | 200m: 2:38.95             | 1:21.72 | 700m:          | 1200m:                   | 1700m:          |
|               | 300m:                     |         | 800m: 10:53.59 | 1300m:                   | 1800m:          |
|               | 400m: 5:23.83             |         | 900m:          | 1400m:                   | 1900m:          |
|               | 500m:                     |         | 1000m:         | 1500m: 20:37.70          | 2000m: 27:27.70 |
| 10.           | MENEDEZ COLAS Patricia    |         | 05             | C.N. Iregua-Villamediana | <b>27:31.53</b> |
|               | 100m: 1:18.34             | 1:18.34 | 600m:          | 1100m:                   | 1600m:          |
|               | 200m: 2:41.23             | 1:22.89 | 700m:          | 1200m:                   | 1700m:          |
|               | 300m:                     |         | 800m: 11:05.74 | 1300m:                   | 1800m:          |
|               | 400m: 5:29.43             |         | 900m:          | 1400m:                   | 1900m:          |
|               | 500m:                     |         | 1000m:         | 1500m: 20:52.57          | 2000m: 27:31.53 |
| 11.           | GONZALEZ ANGUIANO Agata   |         | 05             | C.N. Logroño             | <b>28:28.10</b> |
|               | 100m: 1:12.70             | 1:12.70 | 600m:          | 1100m:                   | 1600m:          |
|               | 200m: 2:30.76             | 1:18.06 | 700m:          | 1200m:                   | 1700m:          |
|               | 300m:                     |         | 800m: 10:53.30 | 1300m:                   | 1800m:          |
|               | 400m: 5:11.69             |         | 900m:          | 1400m:                   | 1900m:          |
|               | 500m:                     |         | 1000m:         | 1500m: 21:08.19          | 2000m: 28:28.10 |

Prueba 2, Fem, 2000m Libre, INFANTIL FEMENINO

| Clasificación                | AN                     | Tiempo          |
|------------------------------|------------------------|-----------------|
| 12. RUIZ LOPEZ Lucia         | 05 C.N. Logroño        | <b>28:53.03</b> |
| 100m: 1:17.99 1:17.99        | 600m: 1100m:           | 1600m:          |
| 200m: 2:43.50 1:25.51        | 700m: 1200m:           | 1700m:          |
| 300m: 800m: 11:18.71         | 1300m: 1800m:          | 1800m:          |
| 400m: 5:35.58                | 900m: 1400m:           | 1900m:          |
| 500m: 1000m: 21:31.96        | 1500m: 2000m: 28:53.03 | 2000m: 28:53.03 |
| Baja enf. PASCUAL RUIZ Julia | 05 C.N. Las Norias     |                 |

Prueba 3 Masc., 3000m Libre 16 años y mayores  
12/01/2019 Resultados

| Clasificación                 | AN                          | Tiempo          |
|-------------------------------|-----------------------------|-----------------|
| 1. ZABALO ECHANIZ Ander       | 01 C.N. Iregua-Villamediana | <b>33:07.52</b> |
| 100m: 1:03.02 1:03.02         | 900m: 1700m:                | 2500m:          |
| 200m: 2:07.79 1:04.77         | 1000m: 1800m:               | 2600m:          |
| 300m: 1100m:                  | 1900m: 2700m:               | 2700m:          |
| 400m: 4:18.66                 | 1200m: 2000m:               | 2800m:          |
| 500m: 1300m:                  | 2100m: 2900m:               | 2900m:          |
| 600m: 1400m:                  | 2200m: 3000m: 33:07.52      | 3000m: 33:07.52 |
| 700m: 1500m: 16:24.08         | 2300m:                      |                 |
| 800m: 8:41.40                 | 1600m: 2400m:               |                 |
| 2. RODRÍGUEZ SENOSIAÍN Hugo   | 02 C.N. Iregua-Villamediana | <b>33:34.26</b> |
| 100m: 1:03.23 1:03.23         | 900m: 1700m:                | 2500m:          |
| 200m: 2:08.36 1:05.13         | 1000m: 1800m:               | 2600m:          |
| 300m: 1100m:                  | 1900m: 2700m:               | 2700m:          |
| 400m: 4:22.31                 | 1200m: 2000m:               | 2800m:          |
| 500m: 1300m:                  | 2100m: 2900m:               | 2900m:          |
| 600m: 1400m:                  | 2200m: 3000m: 33:34.26      | 3000m: 33:34.26 |
| 700m: 1500m: 16:40.39         | 2300m:                      |                 |
| 800m: 8:51.14                 | 1600m: 2400m:               |                 |
| 3. NAVAS DEL BLANCO Victor    | 02 C.N. Iregua-Villamediana | <b>33:45.86</b> |
| 100m: 1:04.06 1:04.06         | 900m: 1700m:                | 2500m:          |
| 200m: 2:09.60 1:05.54         | 1000m: 1800m:               | 2600m:          |
| 300m: 1100m:                  | 1900m: 2700m:               | 2700m:          |
| 400m: 4:22.12                 | 1200m: 2000m:               | 2800m:          |
| 500m: 1300m:                  | 2100m: 2900m:               | 2900m:          |
| 600m: 1400m:                  | 2200m: 3000m: 33:45.86      | 3000m: 33:45.86 |
| 700m: 1500m: 16:45.17         | 2300m:                      |                 |
| 800m: 8:51.18                 | 1600m: 2400m:               |                 |
| 4. BENITO, CASTELLANOS Miguel | 03 C.N. Logroño             | <b>35:22.69</b> |
| 100m: 1:07.74 1:07.74         | 900m: 1700m:                | 2500m:          |
| 200m: 2:17.15 1:09.41         | 1000m: 1800m:               | 2600m:          |
| 300m: 1100m:                  | 1900m: 2700m:               | 2700m:          |
| 400m: 4:36.79                 | 1200m: 2000m:               | 2800m:          |
| 500m: 1300m:                  | 2100m: 2900m:               | 2900m:          |
| 600m: 1400m:                  | 2200m: 3000m: 35:22.69      | 3000m: 35:22.69 |
| 700m: 1500m: 17:32.88         | 2300m:                      |                 |
| 800m: 9:18.98                 | 1600m: 2400m:               |                 |

Prueba 3, Masc., 3000m Libre, 16 años y mayores

| Clasificación                      | AN        |                                 |                 |        | Tiempo |        |        |        |                 |
|------------------------------------|-----------|---------------------------------|-----------------|--------|--------|--------|--------|--------|-----------------|
| <b>5. EZQUERRO CALLE Alejandro</b> | <b>03</b> | <b>C.N. Iregua-Villamediana</b> | <b>35:41.56</b> |        |        |        |        |        |                 |
| 100m: 1:09.45                      | 1:09.45   | 900m:                           | 1700m:          | 2500m: | 2600m: | 2700m: | 2800m: | 2900m: | 3000m: 35:41.56 |
| 200m: 2:21.03                      | 1:11.58   | 1000m:                          | 1800m:          | 2600m: | 2700m: | 2800m: | 2900m: | 3000m: |                 |
| 300m:                              |           | 1100m:                          | 1900m:          | 2700m: | 2800m: | 2900m: | 3000m: |        |                 |
| 400m: 4:44.21                      |           | 1200m:                          | 2000m:          | 2800m: | 2900m: | 3000m: |        |        |                 |
| 500m:                              |           | 1300m:                          | 2100m:          | 2900m: | 3000m: |        |        |        |                 |
| 600m:                              |           | 1400m:                          | 2200m:          | 3000m: |        |        |        |        |                 |
| 700m:                              |           | 1500m: 17:49.81                 | 2300m:          |        |        |        |        |        |                 |
| 800m: 9:30.05                      |           | 1600m:                          | 2400m:          |        |        |        |        |        |                 |
| <b>6. LINTEAN Valentin</b>         | <b>01</b> | <b>C.N. Las Norias</b>          | <b>35:47.61</b> |        |        |        |        |        |                 |
| 100m: 1:08.48                      | 1:08.48   | 900m:                           | 1700m:          | 2500m: | 2600m: | 2700m: | 2800m: | 2900m: | 3000m: 35:47.61 |
| 200m: 2:19.43                      | 1:10.95   | 1000m:                          | 1800m:          | 2600m: | 2700m: | 2800m: | 2900m: | 3000m: |                 |
| 300m:                              |           | 1100m:                          | 1900m:          | 2700m: | 2800m: | 2900m: | 3000m: |        |                 |
| 400m: 4:42.89                      |           | 1200m:                          | 2000m:          | 2800m: | 2900m: | 3000m: |        |        |                 |
| 500m:                              |           | 1300m:                          | 2100m:          | 2900m: | 3000m: |        |        |        |                 |
| 600m:                              |           | 1400m:                          | 2200m:          | 3000m: |        |        |        |        |                 |
| 700m:                              |           | 1500m: 17:49.78                 | 2300m:          |        |        |        |        |        |                 |
| 800m: 9:30.73                      |           | 1600m:                          | 2400m:          |        |        |        |        |        |                 |
| <b>7. GARCIA EZQUERRO Simón</b>    | <b>03</b> | <b>C.N. Logroño</b>             | <b>39:58.86</b> |        |        |        |        |        |                 |
| 100m: 1:13.60                      | 1:13.60   | 900m:                           | 1700m:          | 2500m: | 2600m: | 2700m: | 2800m: | 2900m: | 3000m: 39:58.86 |
| 200m: 2:31.30                      | 1:17.70   | 1000m:                          | 1800m:          | 2600m: | 2700m: | 2800m: | 2900m: | 3000m: |                 |
| 300m:                              |           | 1100m:                          | 1900m:          | 2700m: | 2800m: | 2900m: | 3000m: |        |                 |
| 400m: 5:08.62                      |           | 1200m:                          | 2000m:          | 2800m: | 2900m: | 3000m: |        |        |                 |
| 500m:                              |           | 1300m:                          | 2100m:          | 2900m: | 3000m: |        |        |        |                 |
| 600m:                              |           | 1400m:                          | 2200m:          | 3000m: |        |        |        |        |                 |
| 700m:                              |           | 1500m: 19:51.73                 | 2300m:          |        |        |        |        |        |                 |
| 800m: 10:25.74                     |           | 1600m:                          | 2400m:          |        |        |        |        |        |                 |

Prueba 4  
12/01/2019

Fem., 3000m Libre

16 años y mayores  
Resultados

| Clasificación                      | AN        |                        |                 |        | Tiempo |        |        |        |                 |
|------------------------------------|-----------|------------------------|-----------------|--------|--------|--------|--------|--------|-----------------|
| <b>1. PARAISO ARENAS Natalia</b>   | <b>02</b> | <b>C.N. Las Norias</b> | <b>36:10.48</b> |        |        |        |        |        |                 |
| 100m: 1:07.19                      | 1:07.19   | 900m:                  | 1700m:          | 2500m: | 2600m: | 2700m: | 2800m: | 2900m: | 3000m: 36:10.48 |
| 200m: 2:15.21                      | 1:08.02   | 1000m:                 | 1800m:          | 2600m: | 2700m: | 2800m: | 2900m: | 3000m: |                 |
| 300m:                              |           | 1100m:                 | 1900m:          | 2700m: | 2800m: | 2900m: | 3000m: |        |                 |
| 400m: 4:33.70                      |           | 1200m:                 | 2000m:          | 2800m: | 2900m: | 3000m: |        |        |                 |
| 500m:                              |           | 1300m:                 | 2100m:          | 2900m: | 3000m: |        |        |        |                 |
| 600m:                              |           | 1400m:                 | 2200m:          | 3000m: |        |        |        |        |                 |
| 700m:                              |           | 1500m: 17:47.43        | 2300m:          |        |        |        |        |        |                 |
| 800m: 9:17.76                      |           | 1600m:                 | 2400m:          |        |        |        |        |        |                 |
| Baja enf. <b>NUINO GALAN Salma</b> | <b>02</b> | <b>C.N. Las Norias</b> |                 |        |        |        |        |        |                 |